



**BULLETIN OF
ST. ARNOLD'S
SCHOOL
JHARTARANG**

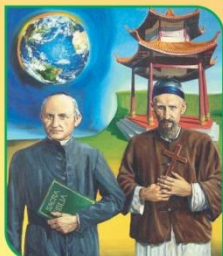
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**St. Arnold &
St. J. Freinandemetz**

It's the Principal's Say !



It's the exam season in India and it's also the suicide season, when students buckle under academic and parental pressure to get high marks and

obtain admission into top universities for the golden opportunity to get a high-paying job. Newspapers carry daily the tragic reports of youngsters who have killed themselves because they fear the shame of a bad 'report card.' On a single day, it was reported that two teenage boys in New Delhi hanged themselves at their homes. One was falling behind in his studies and the other was afraid of an English exam. A final year Bachelor of Commerce student hanged herself in the commercial capital Mumbai apparently because she was not prepared for her economics paper and did not want her family to feel ashamed. "Teenage suicide (over exams) is a national disaster," says Samir Parikh, psychiatrist at Max Healthcare, New Delhi. In 2006, the most recent year for which official figures are available, some 5,857 students -- or 16 a day -- killed themselves due to exam stress.

Since 1990 Kota, Rajasthan, has become the coaching hub of India for the hyper competitive engineering and medical entrance exams. Roughly 1.6 lakh teenagers from all over the country flock the coaching centres at Kota every year shelling out exorbitant tuition fees. Students study for 16-18 hours a day with minimum facilities and with a desperate dream for IIT and AIIMS. The psychological cost is enormous. Today Kota has become the byword for student suicides. Last year there were 30 cases of suicide at Kota (*Times of India*, Jan 8, '16). "We can't take it anymore. Our parents have told us to return home only after cracking IIT-JEE," said two distressed students to a psychologist.

Competition to get into higher education in the country of more than 1.25 billion people is fierce. For instance, the cut-off average mark to pursue an undergraduate economics degree at Delhi University's top commerce college last year was 97.8 percent. Unsurprisingly only a small fraction of the 50,00,000 school pass outs each year will make it. India has just a couple of dozen top-notch "branded" colleges and seven Indian Institutes of Technology of good quality. Together they take only about 13,000 undergraduates each year. Over the years the kind of marks students need to get into 'good universities' has started touching the roof -- they need 90 to 98 percentages in core subjects. Some students take half a dozen or more exams to try to get into celebrity institutions. A 2006 study of 231 teenagers by Anuradha Sovani, a clinical psychologist at the University of Mumbai, showed that the students were more frightened of exams than accidents, earthquakes or bomb attacks.

What is the solution to this malady? First of all there is a need for change in the attitude. Parents think if my son/daughter cracks entrance and secure admission in a top school for engineering or medicine, his or her life is made and he/she will be successful and happy in life. In other words, with all the focus on marks and grades and flashy signs of wealth, we are teaching our children to depend on external indicators of success as markers of their identity — beauty, status, wealth and career. When these markers fail, our children would feel as if they have become non-existent. Luxury and wealth do not necessarily give happiness to a person. Success is not just money in the bank, but a contented heart and peace of mind. The richest person is not one who has the most, but he who needs the least.

Indian families have a tendency to treat children as possessions of their parents. Hence, they impose their exaggerated dreams on them, often their unfulfilled dreams. These unrealistic parental expectations of a child's abilities and potential seem to be the most

common cause of stress among students. This is bad parenting. No doubt, when a child is young we, as parents and teachers, need to direct and guide them. But as the child grows, we need to take our cues from the child. We have to talk with them, negotiate, allowing their full input. Helping our children to become progressively self-regulated, empowered and autonomous is the goal of good parenting. Our children have only one life. Let them enjoy that life, seeking to realize their uniqueness and fulfilling God's purpose in their life.

Secondly, we urgently need to change our examination system. Our examinations have destroyed our education and killed our students. "We must make exams in such a way that they do not bank on memory but emphasise thinking capability," said great educationist Yash Pal, who headed India's recent curricular reform. The goal of education is not examination and grades, but making good human beings. Gandiji has rightly said, 'education should aim at developing three Hs: Head for knowledge, Hands for skill and Heart for character.' Our evaluation system should appraise all the three and give students a comprehensive certificate. Today's youth are degree holders with good grades, but not employable. Reason, they do not have the required skills and attitudes, so critical for the progress and development of our country.

Another important thing every parent and teacher needs to know is that the brain of the teenagers is not fully developed yet, especially their prefrontal cortex, and hence they are incapable of making a realistic and mature decision. Their judgments are mostly based on feelings and emotions, consequently tragic things happen in their life. Thus, it is important to equip them with life skills to deal with failures and setbacks in life. Teachers and parents should become 'Gatekeepers' to prevent suicides among youth by remaining alert to any sign of depression among them and giving prompt help.

Finally, this is my message for my beloved students. Do not allow others to mould you as they want, then you will lose your originality. Be in touch with your inner being and discover that unique self God has created you to be. You have a special place on this planet and a distinct purpose for the world. Be passionate to become that unique 'you' and you will be happy, contented and peaceful. Dear students, You are original, You are rare, You are unique, You are a wonder, You are a masterpiece...Your Master's piece! Let every day be a celebration of your uniqueness. God Bless!

Fr. K. C. Thomas, svd
Principal

From the Editor's desk



I welcome you to the February 2016 edition of Arnold Tidings. Inside its pages, our students and staff have attempted to blend value of education, sparks of creativity and the power of imagination. The anthology of poems, jokes and artwork that you come across in this issue shall offer a peek into young-minds-in-making. And as you purvey this miniature genius, I entreat your reflection into the challenges that education poses for us today.

We stand on the brink of a technological revolution and we teachers are entrusted with the responsibility of training the future of our country. Ironically we have no clue what this future is to unfold. We are tasked with preparing children for careers that may not exist today. So what do we teach? How do we prioritize? Do we put premium on knowledge and gear them up for sure-shot high salaried jobs? Or do we focus on nurturing their natural talent and encourage them to follow uncharted territories? Do we ready them for maddening competition of our times or provide them confidence to be their own competition? The obvious answer is to find a balance between these multi-pronged goals. And then the question arises - how do you find this balance?

The 20th century American anthropologist, Margaret Mead, provides a very sophisticated and simple solution to this problem: 'Children must be taught how to think, not what to think'. She says: As we shepherd brilliant young minds through their foundational stages, we need to hold true to these words. Each child harbours a wealth of potential inside. It needs careful mining. As educators we need to understand a child's potential.

And then push, trick, cajole, encourage, fine tune this potential. "The mind is not a vessel to be filled but a fire to be kindled." Plutarch, a 2nd century Greek scholar had said. We need to forge personalities that are grounded to reality and still have an internal compass to dream.

At St. Arnold's we believe in working towards this elusive balance. We train our students both within our classrooms and outside. Here is a brief illustration of our efforts from our calendar in 2015-2016. We had an Inter-school competition for Literary and Cultural activities organized by Society of Divine Word. The event was a rave success. Our school won prizes from every field and stood champion. On Republic Day we organized Science Exhibition, Collage Making and Art and Craft. The former was based on the theme: 'Body Burden - the Ecology of Diseases' and the latter on 'The Best out of Waste'. That day we also inaugurated two cricket pitches to promote sports in the coming future. We collaborated with an NGO - Educare in raising awareness on 'Thalassemia'. The drive was immensely successful and children managed to raise over ₹ 6.5 lakhs for Thalassemic patients. We organized fancy dress and group dance competition on Children's Day. Annual Function turned out to be a grand success. Our children were very successful in spreading the message of 'Unity in Diversity - Celebrating Togetherness.'

We know that inside our walls we are nurturing this nation's future. And we accomplish this nurturing with an efficient dose of values, discipline and creativity within a diverse curriculum of activities. Within the folds of our bulletin, you shall find an insight into these efforts. I hope you have as much fun going through these pages, as we had in developing them.

Ms. Manjeet Kaur
Chief Editor

Annual Day Celebration



We are all stars and we deserve to twinkle.

Perseverance is not a long race; it's many short races one after another.

SET YOUR GOALS HIGH

Set your goals high,
To reach up the sublime sky,
Never feel that you are going down,
Try to reach in your mind,
Your final destination now,
And set your Goals high,
Which will shine like a star up above the sky.



Set your goals high,
To be the person like you want to
And the duty you shall do
Forget your past, give attention to your present,
Try, try and work hard for the future,
Or else, how will you,
Set your goals high?
Which will shine like a star up above the sky.

Set your goals high
Which will let you and your name soar in the sky.
Ruminate about great people,
And follow their footprints in your mind,
So that you can
Set your goals high
Which will shine like a star up above the sky.



Kiran Krutanjali
Class VII 'A'

Dark clouds have Silver Lining

I need not fear by the darkness of night,
Morning is coming with its brightest light,
Never-ever lose your hope,
In life there are many scopes,
Dark clouds have Silver Lining.



Never think that you are a loser,
But think that you can be a Grand Master,
Never be pessimist and under-estimate,
Affirm yourself that you are first grade,
Dark clouds have Silver Lining.

There is a hope full light,
After every helpless night,
The true fact is that God is there,
He helps only those who dare,
Dark clouds have Silver Lining.

Adnan Khan
Class VIII 'B'

CELEBRATING TOGETHERNESS

Oh My Country of dream,
I wish you soar high to reach zenith.
Where politicians have promises in their bags,
Which weren't empty and which,
Don't make us nag.

The world which should be corruption free.
A place where we can live safely
For away from hates and wars,
Where racism and casteism
Do not make any bar.



Togetherness be promoted where,
Our country should be truly secular here
We support each and ever one
And stand together to combat evil and terror.

A place without poverty
where people have their liberty.
I wish my country be the leader
Receive acclamations and lead the world.

Uttara S
Class IX 'B'



True Thoughts

The biggest problem is that the intelligent people are full of doubts, while the fools are over-confident.

Don't believe fully to what your eyes show you, use your wisdom to understand the situation.

The friends make you rise to the highest, where as a bad company leaves you nowhere.

Happiness is like a butterfly, the more you chase it, the more it will elude you, but if you pay attention on other things, it comes safely and sits on your shoulder.

Harleen Kaur,
Class IX 'B'

Funny

The funniest situation arises when we have nothing to write in the Answer Sheet and the supervisor comes and says, "Please cover your Answer Sheet".

Rose Agarwal
Class IX 'B'



If you have knowledge let others light their candles at it.

Annual Day - Prep & Primary



Let's live together harmoniously and in peace.

Sports Stars



Building five S's of Sports Training - Stamina, Speed, Strength, Skill and Spirit.

The real opportunity for success lies within the person and not in the job.

HUMANITY

Hinduism, Islam, Sikhism and Christianity,
Why do they differ in humanity?
All Human beings are the same,
But why does God have different names?
Blood never differs,
It never changes its colour.
But people fight in the name of religion,
Some call themselves Muslim and Christian.
India was divided into two parts,
Only in the name of culture and art
But, I want to abate this rift
By love and friendship alone.
So, now let us come closer
Forget all differences further.
Humanity should be our sole game,
Nothing should come further in our aim!



*Rohit Kumar Samal
Class V 'C'*

FALLING SNOW

See the pretty snowflakes
Falling from the sky,
On the walk and housetops
Soft and thick they lie.

On the window-edges
On the branches bare.
Now how fast they gather,
Filling all the air.

Look into the garden,
Where the grass was green;
Covered by the snowflakes,
Not a blade is seen.

Now the bare black bushes,
All look soft and white,
Everything is laden
What a pretty sight!



*Ayesha Nigar
Class VIII 'C'*

The modern image of Indian

Rivers are freezing, Mountains are melting
Forest is on fire, Global warming is on heads
People are dying for food
Corruption in snatching life of common
But still we Indians are busy on our computers
With a trend of shopping, chatting and tweeting.



*Jigyasha Agarwal
Class VIII 'B'*

A LIFE WITHOUT LOVE

A life without love,
is like garden without flower;
A life without love,
is like chocolate without sugar;
A life without love,
is like night without stars;
A life without love,
is like Sun without shine;
A life without love,
is like Christmas without Santa;
A life without love,
is like child without mother.



*Vishal Singh
Class IX 'B'*

MISSILE MAN

The boy had a dream
but differences were made
by the cap he wore
with foldings at its brim.

He was threatened by his teacher
And couldn't claim.
But the friend he had
reduced all his pain.

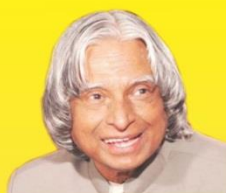
He used to sit near the temple
and listen to the chants,
which he loved very much and
which filled happiness in his glands.

He loved to read and
spend times with the books
he also loved science and
did the experiments including the Leeuwenhoek's.

After trying for years
He launched a missile,
To gain success,
He tried harder everywhere.

If he could do
Then why can't we?
Let's try harder
have patience and see.

He was a man who tried
And succeeded with missile,
We can also be great
If we try and think for a while.



*Om Kumar Jena
Class VIII 'A'*

We worry about what a child will become, yet we forget that he is someone today.

Science & Arts Exhibition



Designers are the true intellectuals of the future.

Swachh Bharat Abhiyan



Let's clean our mess with our best.

Science Demo



Lead me, guide me and walk beside me.

Rakhi Making



A thread that binds our lives and hearts.

Best out of Waste



Give your 'BEST' to free this world from 'WASTE'.

Campus Buzz

Build your own dreams, or someone else will hire you to build theirs.

My Parents

You are both very special in every way,
Encouraging me more and more each
passing day.

You both are the reason why I'm so strong,
With you two at the helm not a thing would go wrong.

You've both helped me through many trials and
tribulations,
You've made things better in every situation.

Thank you both for always being there,
And showing me that you truly care.

Words can never explain how I feel about you,
But I hope you know that I truly love you two!

Pratikshya Mitra, Class XI 'C'

There is a star in everyone's heart

There is a star in everyone's heart
Which is hidden, behind the cloud of shyness.
Your potentiality is like a bright star
Which can remove your darkness,
Only you need to believe in yourself.

There is a star in everyone's heart
Which is hidden, behind the cloud of dependence.
Your ability is like a bright star
Which can be flourished by yourself,
Only you need to be independent.

There is a star in everyone's heart
Which is hidden behind the colour of opportunity
Your hard-work, is like a bright star
Which will lead the opportunity,
Only you need to be focussed on working;

If you really try,
You will find that there is nothing impossible
Only you need to follow the path of bright stars.

*Subhasis Pati
Class IX 'C'*

Today's Generation

In a Nursery school canteen, there was a basket of
apples with a notice written over it: 'Do not take more
than one, God is watching.'

On other counter there was a basket of chocolate.

A small child went and wrote on it: 'Take as
many as you can, God is busy watching the
apples'.

Nivedita Kujur, Class VIII 'D'



India of my Dreams

Dreams float on an impatient wind,
The wind which is restless
The wind that does not stand and stare
But fly out with every dream.
To reach to the success
And to create a new order.

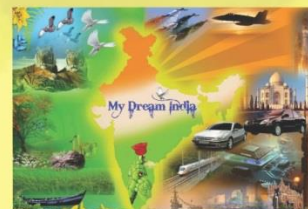
India, my beloved country
The land of the mountains
The land of the plains
The land of rivers
The land of seas
The diverse, my beloved motherland,
Is bound together in a string of love

Whose history has left footprints on the sand.
Gandhi, Nehru, Shastri, Tilak
Helped India stand in dignity and pride
But the scenario now full of pains and pangs
Stir my thoughts and force me to ask
Is this what they fought for?
Is this what they dreamt of?
Is this what they sacrificed their lives for?

India of my dreams
Instills hope and aspiration for all
A country of educated individuals
Doctors, engineers, lawyers and scholars
To make the land more bright and prosperous,
The mines more productive
The trade more flourishing
The minds more original
The hearts more pure
The industries more flourishing
And our nation more united.

Rich pour generously,
To support oppressed and poor,
India of my dreams, I realise
Where everyone will mingle up
Like flowing water of river, stream and sea.
In the vast ocean of love and peace
To get together in an unbreakable bond.
Colours may be different
Thoughts may be different
Actions may be different
Faces may be different
Languages may be different.
But all with one heart.

*Aradhana Pattnaik
Class VIII 'A'*



A dream is not that which you see while sleeping, it is something that does not let you sleep. – Dr. A. Kalam

Anand Utsav



Team work makes the Dream Work.

Christmas Celebration



Peace on earth will come to stay, when we live Christmas everyday.

Founder's Day



Remembering the past, Honouring the present, Envisioning the future.

Badminton Match



Train hard and be hard to be beaten.

Cricket Pitch Innauguration



Setting goals high and not stopping till getting there.

Great men are those who can subdue both good luck and fortune.

Being a Teacher

Sometimes my heart speaks
what I achieved being a teacher.
Just busy correcting copies
and giving monotonous lecture.

Sometimes my heart laments.....
filling the minds like blind pictures
Gaping my face with heartlessness
and no reaction to my preachings.

Once I met some of my old gems
with thankful heart full of gratitude
Their concern, faith and success
made my heart to change my attitude.

Today, I boast for what I am
for being a part of this edifice.....
.....for designing souls to fit this world
by being a human being a 'Teacher'.



*Sunita Paul
'Teacher'*



AMAZING FACTS



1. The shortest war in history was between Zanzibar and England in 1896. Zanzibar surrendered after 38 minutes.
2. The strongest muscle in the body is the Tongue.
3. Money isn't made out of paper. It's made out of cotton.
4. 'dreamt' is the only English word that ends in the letters 'mt'.
5. Peanuts are one of the ingredients of dynamite.
6. Our eyes remain the same size from birth onward, but our nose and ears never stop growing.
7. Leonardo Da Vinci never signed or dated his most famous painting, The Mona Lisa.

*Baiju Nath Sahoo
Class IX 'C'*

God Created Boys and Girls

God made a world out of his dreams, of magic mountains, oceans and dreams, prairies and plains and wooded land.

Then paused and thought - "I need someone to stand, on top of the mountains to conquer the seas, explore the plains and climb the trees, someone to start out small and grow, sturdy, strong like a tree." And so he created boys full of spirit and fun, to explore and conquer, to romp and rem.

With dirty faces, banged up chins, with courageous hearts and boyish grins.

After completing the task he'd begun, He surely said, "That's a job Well Done".

God made its world with towering trees, majestic mountains and restless seas, then paused and said, "It needs one more thing, someone to laugh, dance and sing, to walk in the woods, to gather flowers, to commune with nature in quite hours".

So God made little girls, with laughing eyes and bouncing curls, with joyful hearts and infectious smiles, enchanting ways and feminine wiles and when He'd completed the task he was pleased and proud of his job He'd done, for the world, when seen through little girls eyes,

Greatly resembles Paradise.

Silky Agarwal, Class X 'B'

Artist's Gallery



Arpita Priyadarshini Prusty
Class VIII 'D'



Ankita Priyadarshini Prusty
Class VI 'C'



Payal Sahoo
Class IV 'C'



Parag Joshi
Class IV 'B'

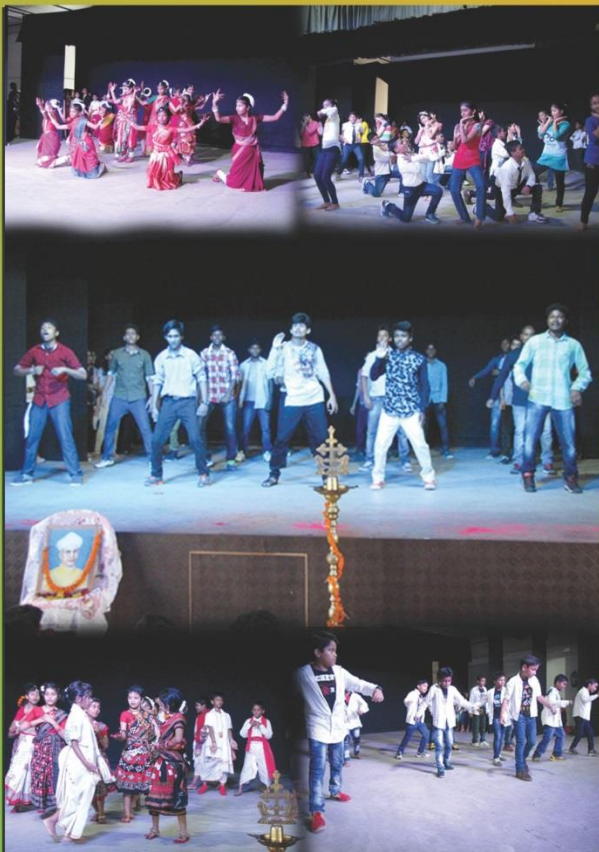
An effort made for the happiness of others lifts us above ourselves.

Republic Day Celebration



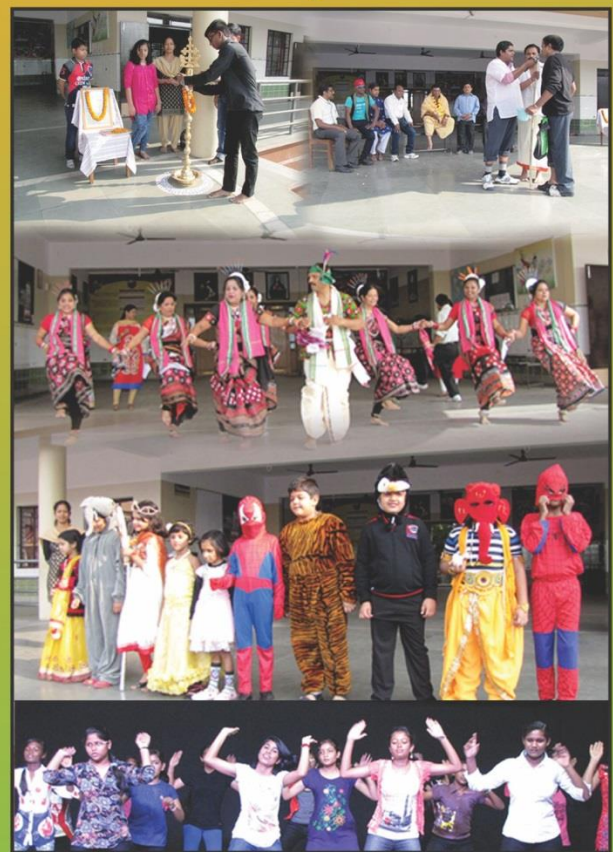
Justice, Liberty, Fraternity. May our dream of a new tomorrow come true for us.

Teachers' Day Celebration



Teachers are like the candles who consume themselves to brighten the lives of others.

Children's Day Celebration



The world is as many times new as there are children in our lives.

Be faithful in small things because it is in them that your strength lies.

माँ

जिंदगी की तपती धूप में,
एक ठंडा साया पाया मैंने।
जब खोली आँखें तो अपनी माँ को
मुस्कराते पाया मैंने।
जब भी माँ को पुकारा मैंने,
उसका बेशुमार प्यार पाया मैंने।
जब कोई दर्द महसूस हुआ,
जब कोई मुश्किल आई मुझ पर,
अपने पास साया-सा
माँ को पाया मैंने।
जागती रही वह रातभर मेरे लिए,
न जाने कितनी रातें, उसे जगाया मैंने।
जिंदगी के जिस मोड़ पर
जब भी हुई गुमराह मैं
इन्हीं की हिदायत पर
सही राह पाया मैंने।
जिसकी दुआ से हर मुसीबत लौट जाए,
माँ रूप में ऐसा फरिश्ता पाया मैंने।
मेरी हर ज़ज्बातों को समझने वाली,
दुःख सह सुख देने वाली
ऐसी माँ पाया मैंने।
मेरा जीवन है-सिर्फ मेरी माँ का,
उसी से नवजीवन पाया मैंने।



नैना साहु
कक्षा - 8 'ख'

क्या है जिंदगी

पुजारी कहता, पूजा है जिंदगी।
सेवक कहता, सेवा है जिंदगी।
धनवान कहता, धन है जिंदगी।
कवि कहता, भक्ति है जिंदगी।
मज़दूर कहता, मज़दूरी है जिंदगी।
अगर कोई मुझसे पूछे, कहूँगा-
बस मानवता है जिंदगी।



अमर सिंह
कक्षा - 8 'क'



गुरु का ज्ञान

वह कौन-सा पद है
जिसे देता है, जहां सम्मान ?
वह कौन-सा पद है
जो करता है, देशों का निर्माण ?
वह कौन-सा पद है
जो बनाता है, इंसानों को इंसान ?
वह कौन-सा पद है
जिसे सभी करते प्रणाम ?
वह कौन-सा पद है
जिसकी छाया से मिलता है ज्ञान ?
वह कौन-सा पद है
जो कराए दिशाओं का ज्ञान ?
गुरु है, इस पद का ज्ञान ।।



रोहित कुमार सामल
कक्षा - 5 'घ'

औरत

कभी बनती है, माँ कभी बहन।
कभी बनती है, पत्नी कभी सौतन।
वही सिखाती है, प्यार-मोहब्बत।
उसी से शुरू होती है,
नफरत की कबायत।
जीवन की राहों पर अपना
कर्तव्य निभाती जाती है वह।
समाज के भेड़ियों से
बचाती रहती है अपने आपको।
सदा हरा-भरा देखना चाहती है
अपने घर के आँगन को।
वह कोई और नहीं,
भगवान की एक सृष्टि है।
वह है, औरत...औरत...औरत।



मीनाक्षी ब्रह्मा (अध्यापिका)

माँ का हृदय

किसी ने जब यह पूछा कि संसार का
ऐसा कौन-सा न्यायलाय है जहाँ पर सारे
पाप, सारी गलतियाँ क्षण भर में माफ़ की
जाती है?

एक बच्चे ने क्या खूब
कहा-"मेरी माँ का हृदय!"

तनु झा,
कक्षा-7 'क'

गर्व की बात

एक मनुष्य होने पर मुझे गर्व है,
एक हिंदुस्तानी होने पर मुझे गर्व है
एक लड़की होने पर मुझे गर्व है
इस गर्व पर मेरा अभिमान है
मैं इस गर्व को सदा के लिए
अपने पास रखना चाहती हूँ।
जब तक मुझमें जान है,
मैं इस गर्व की
हर हाल में रक्षा करूँगी।



जिज्ञासा अग्रवाल, कक्षा - 8 'ख'

हँसना मत



रोहित - "मेरे दादा जी इतने
महान थे कि इंडियन ओसन
में डूब जाते थे और
पेसिफिक ओसन में से निकला करते थे।"
मोहित - "मेरे दादा जी इतने महान थे
कि अटलांटिक ओसन में डूब कर
आर्कटिक ओसन से निकलते थे।"
सौरभ - "मेरे दादा जी इतने महान थे कि
वे टंकी में डूबकर पानी के टैप से निकल
आते थे।"

सुभलक्ष्मी सामल, कक्षा - 7 'घ'

जीवन

जीवन का वह मधुर तान।
पक्षियों का वह कलराव गान।
अपने अंबर को जिसने लिया हो जीत।
जीने की सच्ची परिभाषा है संगीत।
हो दुःख की बेला या सुख की घड़ी।
हो जेठ की दुपहरी या सावन की झड़ी।
संगीत करता सदा आत्मा को पावन।
मिला मनुष्य को यह
ईश्वरीय वरदान मनभावन।
संगीत के है कई आयाम।
हवा में, सुर, लय, ताल, राग
जीवन को देते गति अविराम।
इसकी स्वर लहरी ने दिए सृष्टि को प्राण।
संगीत की देवी, तुझे शत-शत प्रणाम ।।



रोहित कुमार सामल
कक्षा - 5 'घ'

The Winners



Prayanshu Pradhan, IV 'A'
1st in Crossword Puzzle organised by ISKON



Kajal Pandey, XI 'Arts'
2nd in Debate Competition organised by ISKON



Amitabh Mitra, VI 'E'
A prodigy in the field of Art.



Prapti Pradhan, VIII 'B'
1st in Debate Competition organised by Lions Club of Kalunga



Aradhana Pattnaik, VIII 'A'
A prodigy in the field of Literature and Art.



Lovleena Agarwal, III 'A'
1st in Drawing Competition at Maharaja Agrasen Bhawan.



Pulkit Agarwal, VI 'F'
1st in Drawing Competition organised by Axis Bank, Panposh



Anshika Mahapatra, VII 'C'
1st in Drawing and 3rd in Dance at Inter School Competitions.



Swati Selina Sahoo, III 'E'
1st in Drawing Competition at Kala Kendra



Pratiksha Mitra, XI 'Arts'
1st in Drawing Competition organised by R.S.P., Rourkela



Payal Sahoo, IV 'B'
1st in Drawing Competition organised by Hanuman Vatika



Nibha Dutta, X 'B'
Scored highest marks in Geography Talent Test Cuttack.



Shreyan Bagchi, VII 'B'
Scored highest marks in Geography Talent Test Cuttack.



Purbasa Singh, VI 'B'
3rd in Drawing & Handwriting in Kumar Utsav, Sambad



Rakshita Singh, V 'B'
3rd in Drawing Competition held at Global Educational Institute



Kiran Krutanjali, VII 'A'
3rd in Drawing Competition held at Global Educational Institute



Aradhana, Shruti, Amitabh, Ayushi, and Aditi
Winners in Drawing Competition held by R.S.P. Horticulture Department



Chetan, Baidyanath, Dep Prasanna, Archita, Siddhant
Winners of Taekwondo 26th National Taekwondo Championship, held at Kolkata



Winners of National Cyber Olympiad

Happiness is not a station to arrive at, but a manner of travelling.

କି କାଠ ପଟାରୁ ଚନ୍ଦନ ଜାଣି

ଅଳସୀ କହିଲା ଦିଏଲୋ ପାଣି
କଳସୀ କହିଲା ପିଇନେ ଛାଣି
ମାନସୀ କହିଲା ଛି, ଲୋ ଭଉଣୀ
କି କାଠ ପଟାରୁ ଚନ୍ଦନ ଜାଣି ।
ଆଲୋକ କହିଲା ରଜନୀ କାହିଁ
ରଜନୀ ତରାରେ ଲୁଚିଲା ଯାଇ
ଦୂର ପାହାଡ଼ରୁ ଶବଦ ଆସିଲା
ଲାଜକୁଳୀ ହେଲି ତୋହରି ପାଇଁ ।
ବାଦଳ କହିଲା ଗ୍ରୀଷ୍ମ ଭାର
ଜଳୁଛି ଧରଣୀ ତୁମରି ପାଇଁ
ତୋ ଦିନ କାଳ ସରିସରି ଆମେ
ଆଉ କେଇ ଦିନେ ଲୁଚିଛି ଯାଇ ।
ଶୁଣୁଥିଲା ଶୀତ ପାହାଡ଼େ ବସି
ଧୀରେ ପାଦ ଚାଲି ଆସିଲା ପଶି
ବିଚରା ବରଷା ଲାଜ ଲାଜ ହୋଇ
ଲୁଚାଇଲା ମୁହଁ ସୁରୁକି ହସି ।

ସୌମ୍ୟ ସିଂହ, ଶ୍ରେଣୀ - ୭ମ (ଘ)

ଆଶାର ଦୀପ

ନିଜ ମନ କଥା କହି କାଗଜରେ ଲେଖୁଛି ।
ମୋ ହସରୁ କେତେ ଲୁହ ନିତି ବହିଯାଉଛି ।
ହେଲେ ବି ମୋର ଗଛ ଫୁଲ ବଗିଚାରେ
ରାତି ମୋ ପାହୁଛି ସେହି ଫୁଲ ଶେଯରେ ।
ଦୁଃଖକୁ ପିଛୁଛି ମୁଁ ଆଖିର କଜଳ କରି ।
ସେହି କଜଳ ବହିଯାଉଛି ଅଶ୍ରୁର ରୂପଧରି ।
ମୋ ଆଶାର ତୁମେ ଥିଲୁ ପ୍ରତୀତ ସବୁପ
କେମିତି ବଞ୍ଚିବି ମୁଁ ଲିଭି ଗଲେ ଯେ ଆଶାର ଦୀପ
କାଜଲ ପାଣ୍ଡେ, ଶ୍ରେଣୀ : ୧୧ମ (କଳା)

କାହାଠାରୁ କ'ଣ ଶିଖିବ

- ୧) କିପରି ଚାଲିବାକୁ ହୁଏ - ଜୟା ଓ ପିମ୍ପୁଡ଼ି ଠାରୁ ଶିଖି ।
- ୩) କିପରି ସଞ୍ଚୟ କରିବ - ମହୁମାଛି ଠାରୁ ଶିଖି ।
- ୪) କିପରି ଦାନ କରିବ - ବୃକ୍ଷ ଠାରୁ ଶିଖି ।
- ୫) କିପରି ସହିବାକୁ ହେବ - ବସୁଧା ଠାରୁ ଶିଖି ।
- ୬) କିପରି ଈଶ୍ବରଙ୍କ କରୁଣା ପାଇବ - ଗୁରୁଙ୍କ ଠାରୁ ଶିଖି ।
- ୭) କିପରି ନିର୍ବିକାର ହେବ - ସୂର୍ଯ୍ୟଙ୍କ ଠାରୁ ଶିଖି ।
- ୮) କିପରି ଏକାଗ୍ରତା ବଜାଉବା - ବଗ ଠାରୁ ଶିଖି ।
- ୧୦) କିପରି ନିଷ୍ଠାବାନ ହେବ - ଚାତକ ଠାରୁ ଶିଖି ।

ରୋହିତ କୁମାର ସାମଲ

ଶ୍ରେଣୀ : ୫ମ (ଗ)



ମା'

ଯା' ପାଇଁ ଆସିଲି ଧରାପୃଷ୍ଠକୁ
ଯା' ପାଇଁ ଦେଖିଲି ଏହି ବ୍ୟସାରକୁ
ଯା' ହାତ ଧରି ଚାଲିବା ଶିଖିଲି
ଯା' ପାଇଁ ଭୋକ ହେଲେ ଖାଇବା ଶିଖିଲି
ରୁଷିଗଲେ ମୋତେ ଯିଏ ମନାଏ
କାନ୍ଦୁଥିଲେ ମଜାକଥା କହି ଯିଏ ହସାଏ
ସନ୍ତାନ ସନ୍ତତିଙ୍କ ଉଚ୍ଚତାକ୍ଷର ଅଭିପ୍ରାୟ ରଖିଥାଏ ନିଜର
ଘରକୁ ସ୍ବର୍ଗ ପରି ଗତି ତୋଳିଥାଏ ।
ସଦା ସର୍ବଦା ପୁଣ୍ୟ ଦୁଃଖର ସାଥୀ ସିଏ ସ୍ବେଦମୟୀ,
କରୁଣାମୟୀ, ମମତାମୟୀ ଦେବୀ ସିଏ
ପରିଚୟ ତା'ର ମା'... ମା'... ମା'...



ମିନାକ୍ଷୀ ବ୍ରହ୍ମା (ଶିକ୍ଷୟିତ୍ରୀ)

ଶୀତ

କବିତା
ଶୀତ ଆସିଲା ମାଡ଼ି
ନାହିଁ ଆଉ ସେ ଅଗଣା କାବୁଅ
ଅବା ବରଷା ଝଡ଼ି
ଗଲାଣି ଯେ ପୁରାଛାଡ଼ି
ଶୀତ ଆସିଲା ମାଡ଼ି
କନକନିଆ ଶୀତ
ଥରାଏ ଗୋଡ଼ ହାତ
'ସକାଳୁଆ ପବନକୁ
କାକର କୁହୁଡ଼ି'
ଇଚ୍ଛା ହୁଏ ନାହିଁ
ବାହାରି ଯିବାକୁ
ଗରମ ଶେଜ ଛାଡ଼ି
ଶୀତ ଆସିଲା ମାଡ଼ି ।



ସାଦା ପୋଷାକ ସାଇତି ଦେଇ
ସ୍ବେଚ୍ଛା, କୋଟ, ଶାଲ, ଚାଦର
ହାତବାଦ ମୋକା ମଫଲର ପୁଣି
ସରବେ ହୁଅନ୍ତି ଘୋଡ଼ି
ଶୀତ ଆସିଲା ମାଡ଼ି ।

ସୁଦି ରଞ୍ଜନ ଦାଶ

ଶ୍ରେଣୀ : ୫ମ (କ)

ସେଦନିର ସେ ପ୍ରଭାତ

ଦିନେ ଶ୍ରେଣୀରେ ଶିକ୍ଷକ ଅନୁପସ୍ଥିତ ଥିବା କାରଣରୁ ମୋତେ ସେହି ଶ୍ରେଣୀକୁ ପଠାଯାଇଥିଲା । ମୁଁ ପିଲାମାନଙ୍କୁ ଚାକର ଅନ୍ତର୍ନିହିତ ପ୍ରତିଭା ପରୀକ୍ଷା କରିବାକୁ ଯାଇ କିଛି ଚିତ୍ର କଳାପଟାରେ ଅଙ୍କନ କରିଥିଲି । ସେହି ଚିତ୍ର ସବୁକୁ ଦେଖି ସେମାନଙ୍କର ମନର ଭାବ ପ୍ରକାଶ କରିବାକୁ କହିଲି । ଆଶ୍ଚର୍ଯ୍ୟର କଥା, ସ୍ବଳ୍ପ ଶ୍ରେଣୀର ଛାତ୍ରୀ ସୋନାଲିକା ବେହେରା ନିମ୍ନୋକ୍ତ ଲେଖାଟିକୁ ମାତ୍ର ୧୦ ମିନିଟ୍‌ରେ ସମୟ ମଧ୍ୟରେ ସମାପ୍ତ କରି ମୋ ନିକଟରେ ଉପସ୍ଥିତ ହେଲା । ମୁଁ ପଢ଼ି ନିଜକୁ ବିଶ୍ବାସ କରି ପାରିଲି ନାହିଁ । ଆଜିକୁ ୬ ମାସ ଆଗରୁ ମୁଁ ଏହି ଲେଖାଟିକୁ ଅତି ଯତ୍ନ ସହକାରେ ସାଇତି ରଖୁଥିଲି ଏବଂ ଆଜିର ଏହି ଦିନଟିକୁ ଅପେକ୍ଷା କରିଥିଲି ଏହି ପ୍ରତିଭା ମାଧ୍ୟମରେ ପ୍ରକାଶ କରାଇବା ପାଇଁ । ସୋନାଲିକା ତୁମକୁ ମୋର ଅନେକ ଅନେକ ଆଶୀର୍ବାଦ, ତୁମେ ଏହିଭଳି ସୁନ୍ଦର ରଚନା କରି ଭବିଷ୍ୟତରେ ଜଣେ ସୁଲେଖିକା ଭାବରେ ପ୍ରତିଷ୍ଠା ଲାଭକର ।

(ନଳିନୀ ମହାନ୍ତି - ଶିକ୍ଷୟିତ୍ରୀ)

ସେଦିନ ସେ ସୂର୍ଯ୍ୟ ସିନ୍ଦୂରା ଫଟାଇ ନିଜ ସୁନ୍ଦର, ସ୍ବଚ୍ଛ, କୋମଳ ରୂପ ଦେଖାଇ ଦେଇ କରିଦେଇଥିଲା ମୋର ମନକୁ ଆନନ୍ଦିତ ଓ ରଞ୍ଜିତ । କେଜାଣି କାହିଁକି ସକାଳର ପହିଲି ଦୃଶ୍ୟରେ ସେ ସୁନ୍ଦର ସୂର୍ଯ୍ୟକୁ ଦେଖି ଲାଗୁଥାଏ ମନଟା ଶାନ୍ତ, କୋମଳ ଓ ସ୍ବଚ୍ଛ ପୃଷ୍ଠ । କୌଲି, କାନ୍ତ ଶୁକ ଓ କୁକୁଟ ଇତ୍ୟାଦିଙ୍କ କୁହୁ-କୁହ, କାକାକାକା, ଚକ୍ରଧର ରଖ ଦ୍ବାକରେ ଉଠି ପଡ଼ିଥିଲି ମୁଁ । ସାନକାର୍ଯ୍ୟ ପାଇଁ ବାହାରକୁ ଗଲିତ ଦେଖେ ସେ ସୁନ୍ଦର ସୂର୍ଯ୍ୟର କିରଣ ପଡ଼ି ମୋର କୁନି ପୋଖରୀ ଦିଶୁଥାଏ ଝଲମଲ ଆରେ । ଏ ସୁନ୍ଦର ପଦ୍ମକୁ ଦେଖ ! କେତେ କୋମଳ, କେତେ ନିର୍ମଳ ଦିଶୁଛି । ସେ ଫୁଲକୁ ନେଇ ମୁଁ ସ୍ବାହାନ କାର୍ଯ୍ୟ ସାରି ମୋର କୁନି ବଗିଚାର ଗେଣ୍ଡୁ, ମଲ୍ଲୀ, ଚମ୍ପା, ଚମର, ମୟାର ଇତ୍ୟାଦି ଫୁଲ ନେଇ ସଜାଇଲି ମୋ ଠାକୁର ଘର ଓ ଆରାଧନା କଲି ସେ ଏକମାତ୍ର ପରମେଶ୍ବରଙ୍କୁ । ରୁ' ସାଗକୁ ଟିକେ ଲହୁଣୀ ଓ ପାଁଚୁଟି ନେଇ ମୋ ଦାଣ୍ଡରେ ଥିବା ଡାଇନିଙ୍ଗ ଟେବଲରେ ବସିଲା ବେଳକୁ ରାମୁକାକା ତାଳ ଗଛରେ ଚଢ଼ି ପାରୁଥିଲେ ତାଳ । ମୁଁ ପ୍ରାତଃଭୋଜନ କଲାବେଳେ ମୋରୁ ପରେ ଥିବା ସେ ସୁବର୍ଣ୍ଣ ଆକାଶରେ ଉଡ଼ିଯାଉଥିଲେ ବଳଦଳ ପକ୍ଷୀ । ଏହିପରି ଏକ ପ୍ରାକୃତିକ ସୌନ୍ଦର୍ଯ୍ୟର ଅନୁଭୂତିରେ ଆରମ୍ଭ କରିଥିଲି ମୋ ଦିନଶୃଙ୍ଖଳ । । । । ।

ସୋନାଲିକା ବେହେରା

ଶ୍ରେଣୀ : ୬ଷ୍ଠ (କ)

Netaji's Birthday



A hero who was born with a dream of free India. Salute to our true hero Netaji Subhash Chandra Bose.

SVD Children's Meet



Simplicity carried to an extreme becomes Elegance.

Our Champions at SVD Meet



1. Our Group winning 1st Prize in English skit - 2. Our Group winning 1st Prize in Folk Dance
3. Our Girls winning 1st Prize in Khokho - 4. Our Boys winning 1st Prize in Football

Let the beauty we love become the good we do.

Parent's Meet



Tips from the Principal to rear up children.

Fr. Varghese, an Emissary of Peace.



Tips for teachers to be messengers of Peace and Solidarity.

Computer Lab



You have all that you need to succeed.
Make it happen

Helping Thalassemic Patients



Your support helps Thalassemic patients survive and thrive.

Our children imbibe the value : 'Service to humanity is service to God.' A sprouting bud of St. Arnold's family offering a cheque of ₹ 6.5 lakhs to Educare Society. This NGO works incessantly for the betterment of Thalassemic patients. May God bless them and so also our children who work for such a worthy cause.

Happy Constitution Day



Where each bud blooms in its true colour, where each day is celebration of unity and harmony.

Badminton Stars



Winners of Singles and Doubles Badminton Championship held at our school.



Individually we are one drop, Together we are an ocean.

Kind words do not cost much. Yet they accomplish much.